



Vermont 100

Moonlight in Vermont 50/75

Daylight in Vermont 25

Vermont Intro Ride 13



July 19, 2025

The 2025 Vermont 100 Endurance Ride and Run would like to remember

In Memoriam

We have lost two of our treasured Vermont 100 family.

Pat Rosson was tirelessly at the Vermont 100 finish line for more years than anyone can remember. We will miss Pat's enthusiasm even at 3 in the morning, as well as her reliable, excellent help.

In Hartland, Pat found great comfort living on her farm. She bred German Shepards and Pembroke Welsh Corgis, Haflinger horses, and sheep. Pat was a generous and welcoming neighbor to all. Pat has left her mark on many of us.

We also lost John Miller of Spectrum Photography, our photographer for many years.

John moved to Vermont in 1989 to work in the ski industry and spend his spare time skiing. He got into ski photography, and then horse photography and he was a natural. He started Spectrum Photography in 2001 and worked at Green Mountain Horse Association and the Myopia Hunt Club in MA for decades. He also did freelance and portrait photography. He loved what he did!

John also loved music and was an encyclopedia about any musical subject. He played as a member of the local folk club and entertained family and friends whenever the opportunity arose. John loved to "edit" pictures to please the rider. He often helped us look much better than the original photo!! We will miss you, John.

WELCOME / BASIC INFORMATION



On behalf of the Ride Committee, we wish you a great ride. GOOD LUCK and enjoy the Vermont scenery and hospitality. Please also observe the following:

Keep dogs in the horse camping area and on a leash. Do not bring your dog to the vetting area. Many runners want to bring dogs and are not allowed to. In the interest of courtesy, please be discrete about your dogs.

ONE properly tagged crew vehicle per rider.

PLEASE drive with care and reasonable speed. The #1 complaint from locals is fast truck traffic on back roads. Don't be the one....!

Briefings are mandatory to review trail conditions, markings, locations and checks and holds, plus any last-minute changes. This is the time to ask questions.

Please remove/dump unused water at the holds for biosecurity reasons!

All horses pulled from the ride must see the treatment vet at the treatment barn for a safety check before returning to camp. No horse may be removed from the grounds prior to the finish of the event without veterinary permission.

Silver Hill Road must be clear for vehicles at all times. Please walk/ride your horses on the grass next to the taped pedestrian sidewalk.

There is no pre-riding of the trail, but there are instructions on how to pre-ride the finish later in this program.

A friendly reminder to all participants and guests – please be respectful of the beautiful environment that surrounds you. Leave no trace!

Happy Trails!!

**The Vermont 100 wishes everyone
the best of luck!
Have a great ride!**

Kudos to all of the runners, riders, friends, family, landowners, and organizations that have put in hundreds of hours clearing our trails after this winter's ice storm. Guys and gals with chainsaws, clippers, shovels, tractors, and 4-wheelers have been and are working on getting the VT100 trails opened.

Please thank all of the wonderful volunteers and landowners for making this event happen!



Donated Awards

Thank you to several anonymous donors from our equine community for many of this year's awards.

Thank you to Sophia Donovan for donating hand-made Turtle awards, and to Mary Coleman for her continued generosity for Junior and Turtle awards.

EVENT SCHEDULE



Thursday

NOON – Horse camping opens

Friday

9:00 am – Runners camping opens

10:00-3:30 pm – Runner registration (main tent)

12:00-4:00 pm – Horse registration (white house area)

2:30-4:00 pm – Horse vetting (finish line area)

5:00-7:00 pm – Dinner (main tent)

6:30 pm – Horse pre-ride briefing (white house area)

7:00 pm – Raffle drawing

Saturday

3:00-3:45 am – 100-mile runner check-in (main tent)

4:00 am – Trail opens for 100-mile runners

4:45 am – 100-mile ride check in (start line)

5:00 am – Trail opens for 100-mile ride

6:15 am – 25-mile check in (start line)

6:30 am – Trail opens for 25-mile

7:15 am – Intro ride check in (start line)

7:30 am – Trail opens for Intro ride

8:00-8:45 am – 100K runner check-in (main tent)

9:00 am – 75-mile ride check in (start line)

9:00 am – Trail opens for 100K runners

9:15 am – Trail opens for 75-mile riders

12:30 pm – Trail closes for 25-mile riders

1:45 pm – 50-mile ride check in (start line)

2:00 pm – Trail opens for 50-mile ride

Sunday

2:00 am – Trail closes for 50-mile riders

3:15 am – Trail closes for 75-mile riders

5:00 am – Trail closes for 100-mile riders and 100K runners

9:30 am – Ride awards (white house)

10:00 am – Trail closes for 100-mile runners

10:00-11:00 am – Rider/runner team awards, post-race meal
(main tent)

THE PEOPLE WHO MAKE THIS HAPPEN

THE VERMONT 100 COMMITTEE

Mel & Jeff Blittersdorf, Chelle Grald,
Dr. Heather Hoyns, Dr. Pam Karner, Jenny Kimberly,
Steve Rojek, Kathy Callan Rondeau, Jo Steele

LANDOWNER LIAISONS

Krista Alderdice, Laura Farrell, Jenny Kimberly, Stew Stryker

VETERINARY STAFF

Dr. Matt Kornatowski – Head vet
Dr. Alexandra Brunet – Treatment vet
Dr. Kelly Corcoran
Dr. Michael Foss
Dr. Joan Hiltz
Dr. Lynne Johnson
Dr. Douglas Shearer

Dr. Heather Hoyns on call Thursday and Sunday 802-484-9100

FARRIERS

Bruce Hickey
Steve Kraus
Howard Smith

Available Friday late afternoon and during the ride. It's a good idea to bring a spare set of shoes. Please take care of payment before leaving.



THANK YOU!

**THANK A VOLUNTEER AND A LANDOWNER!
THEY MAKE THIS EVENT HAPPEN FOR YOU!**

VOLUNTEERS

SCRIBES

Kathy Downs
Terry Emmitt
Chelle Grald
Stephanie Rice
Cathy Turcotte

CHEFS

Susan Boyer
Wendy Bejarano
Lou Clarino
Jeff Maas
Janet Mayberry
Jane Osgood

RESCUE TRAILER DRIVERS

Gary Butterfield
Bruce Hickey
Peter Hudkins
Chip Kendall
Catherine A Turcotte
Dana Waters
Paula Waters

PARKING

Doug Bejarano
Bill Rice

HOLD MANAGERS

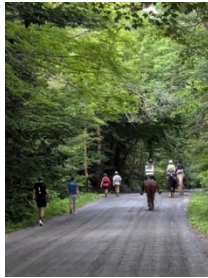
Doug Bejarano
Wendy Bejarano
Linda Ferland
Chelle Grald
Monica McKenna
Eva Norris

WATER CREW

Jeff Blittersdorf
Mel Blittersdorf
Bruce Hickey
Chip Kendall
Jim Lawrence
Bill Rice

FINISH

Randy Rosson



TIMERS, TRAIL HELP AND MORE

Felicity Beech
Emily Bryant
Mary Coleman
Sophia Donovan
Amy Ducey
Tim Evans
Tuesday Evans
Brittany Fells
Kathy Gallaer
Emily Gardner
Heather Gardner
Barb Gerstner
Linda Glock
Erin Grogan
Kathy Hall
Laurie Hall
Cindy Hampton
Lyndsey Lewis
Autumn Lucas
Holly MacDonald
Robin Malkasian
Judy Ness
Eva Norris
O&H Farm Crew
Kamora Peterson
Bambi Prigel
Stephanie Rice
Rojek Farm Crew
Ann Marie Savino
Polly Smith
Olga Spanhoff
Todd Spanhoff
Susie Tadlock
Ellen Tully
Kerry Wales
Stephanie Weaver
Drew Wexler

PROGRAM, WEBPAGE

Rachel Lodder
Jessica Wilson

LANDOWNERS

A HUGE thank you is due to the landowners who allow the events of the Vermont 100 to use their property each year.

Scott & Katherine Alfieri
Curt Allen
Jane Ashley
Tina Barr Tuckerman
Fred & Corrine Barr
Matt Birmingham
Louise & Jerry Blakeney
John & Jess Brodie
Josh & Bernadette Brown
Tom & Kathy Callan Rondeau
Mary Jo Cooke
Gayle Davis
Tom Debevoisse
Debbi Deely Culbertson
Brad & Gail Devine
Timothy Durkin
Tom & Jennifer Eddy
Tuesday Evans
Bob & Lucille Evens
Rick & Kathleen Fallon
Linda H Farnsworth
Robert & Laurie Ferris
Willy Fischler
Stacey Gallowhur
John & Pam Gerstmayer
GMHA
Lee Goodman
Jason Gravelle
Sue & John Greenall
Roland & Susan Greenvall
James Hagedorn
Larry & Susan Hathorn
Chris Higgins
Brian & Laura Higginson
Jane Jackson
Renee Johannensen
Edith Johnson

Anne Johnston
Dan & Julie Kenary
Ruth Little
Allison & Ryan Longfield
Garret & Kit Mead
Wynn & Betsy Medinger
John Murphy
Ken & Sandy Niemczyk
Jane Osgood & Ted Hilles
Kevin & Debbie Osgood
Ashley Pakenham
Evan & Amy Peebles
Bambi Prigel
Chris Pryor
Mary Rech
Bill & Stephanie Rice
Steve & Dinah Rojek
Alison Sander
Jack Schofield
Barbara & Sebastian Scripps
John Jr Seabrook
Ken See
Ad & Mavis Shaw
Richard Sincerbeaux
Boolie & Justin Sluka
Gardner & Cathee Smith
Matt & Sheri Smith
Ben & Lorna Smith/Brittan
Eric & Cora Sparwasser
Laura Spittle
Bill Stilton
Elisa Tarlow
Steve & Lois Tynan
Kirby Walsh
Brendan Whittaker
Leon Woods

GENERAL RULES AND INFORMATION

- **Do not, for any reason, park near the tent: that area must be kept open for emergency vehicle use!**
- All riders must be wearing helmets when mounted.
- Any horse remaining in camp during the ride must have someone available to care for it, please!
- All riders must wear **lighted gear** (glow sticks are ok) front and rear for the night portion of the ride.
- ALL horses pulled need to be cleared at the treatment barn before leaving camp. This includes rider option pulls.
- PLEASE drive conservatively on the narrow dirt roads at all times coming and leaving camp.
- There are dumpsters located next to the big tent – please do not leave any debris at your campsite. We have quite a few bear in these woods looking for an easy snack.
- A nightly noise curfew will be in place at Silver Hill: 10PM on Friday night and 11PM on Saturday night. We wish it were different, but no cheering after this hour.
- **Please leave your campsite clean, with manure and hay spread evenly across the field.**



WATER

Please do not use the tanks located at the finish line until you finish, or are a 50, 75, or 25 mile rider at your pit crew spot or hold.

Please conserve water, fill & refill your tanks at the following places:

- Hose at **Silver Hill barn**, across road from camp.
- **South Woodstock Fire House** has a hose between the doors.
- **Kedron Valley Stables** - Rte 106 just north of South Woodstock.

Water on trail: Landowners put out tanks and hoses. Keep your eyes open for these, and use the hose on your horse. We ask them to put tanks in visible spots.

SUPPLIES

Ice goes fast - buy early.

- Ascutney (Exit 8 on I-91) gas/diesel/food/ice
- Downer's Store (junction of VT106 & RT131, south of camp) gas/diesel/food/ice
- Mike's in Hartland (RT 5 after Exit 9 of I-91) gas/diesel/food/ice
- Sunoco Woodstock (RT 4W) gas/diesel
- Maplefield's Woodstock (RT 4W) gas/food/ice
- Cumberland Farms Woodstock (RT 4W) gas/food/ice
- Teago Store (Pomfret) food/ice
- South Woodstock Store (RT 106) food/ice
- Price Chopper, Windsor (RT 5N) food/ice
- Cumberland Farms, Windsor (RT 5) gas/food/ice
- Brownsville Butcher and Pantry, Brownsville (Rt 44) food/ice
- Ascutney Market (RT 5) gas/food/ice



CREW TRUCKS

When on trail, watch for runners, especially at night! When approaching horses it helps to use just your parking lights. Do not stop in the middle of the road to talk and pull off as much as possible when parking. Please obey the speed limits, or go slower. Big trucks hogging the road are the biggest complaint we get from locals. Runners also have support crews who are being asked to be cautious. All vehicles must be tagged or forfeit your rider!

There is a landline phone at the Silver Hill white house. The number will be available at HQ. If you need assistance on trail, ham radio operators are located at or near each of the holds (at the runner aid stations). A horse ambulance will be available at holds or you may transport your own horse. Cell coverage is sporadic.

Ride manager: Pam Karner 607-280-2282

Jo Steele 603-208-7005

TRANSPORTING CREW BAGS

This ride has all holds away from camp. We are not allowed to bring crew bags to the holds before the holds open. They are on private property and wildlife (bear) damage is a concern. Many riders have crews but if you do not, try to pair up with someone. But.... read on. We will bring your SMALL crew bag to a hold. All holds have grass, we will provide some hay at hold 5, and we will have some buckets at each hold. You must have a separate bag for each hold and do not expect to see that bag again until Sunday. Please leave your bag, marked with your name at the specified spot near the white house. Instructions will be given at the pre-ride briefing. Please help us make this a success by having small bags, picking up after yourself at the end of the hold, and returning your bag to the specified location.

TRAIL MARKING

The **100-mile** trail is marked by and for the runners. The course is marked with 10" diameter **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, two plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black arrow. The night section will be marked with green glow sticks and yellow plates with reflective tape on the arrows. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks. NOTE: red and green headlamps will make the reflective arrows that color.**

The **75 mile** first loop is 13 miles marked with **orange** plates with white arrows. Pit crew stop is at Silver Hill. Then, start loop 2 on Silver Hill Road, and follow **pink** plates with black arrows to hold #2, after which follow **yellow** plastic plates with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black arrow. The night section will be marked with green glow sticks and yellow plates with reflective tape on the arrows. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks. NOTE: red and green headlamps will make the reflective arrows that color.**



The **50 mile** trail is marked with **orange** plates with white arrows all the way to hold #4, then follow **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black arrow. The night section will be marked with green glow sticks and yellow plates with reflective tape on the arrows. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks. NOTE: red and green headlamps will make the reflective arrows that color.**

The first 13 mile loop of the **25 mile** ride is marked with **orange** plates with white arrows and comes back to Silver Hill for the hold, which will be near the start/finish area in base camp. The second loop will start out following **orange** plates with white

arrows to the Hold #4 area. Water will be available there. NO CREWING here for the 25 milers. This hold will be used later for the other distances. Then follow **blue** plates with white arrows back to the finish.

The **13 mile Intro** ride is the first loop of the 25 mile ride.

Riders are responsible for following marked routes and deviations!

Please take the time to read all signs. It is a good idea to carry a flashlight for the night section of the trail if you need to check.

PHOTOGRAPHER

Ben Kimball Photography will be shooting the ride this year. Find them at:

<https://northeastracephoto.smugmug.com/>

Pre-ride the FINISH

From the finish line, follow small white plastic arrows (made from pieces of plates) to the junction of Best and Jenneville Roads. Turn around and ride back. No other trails are open for riding.



Course Records
































11:22 – Hot Desert Knight, Farzad Faryadi – 2009

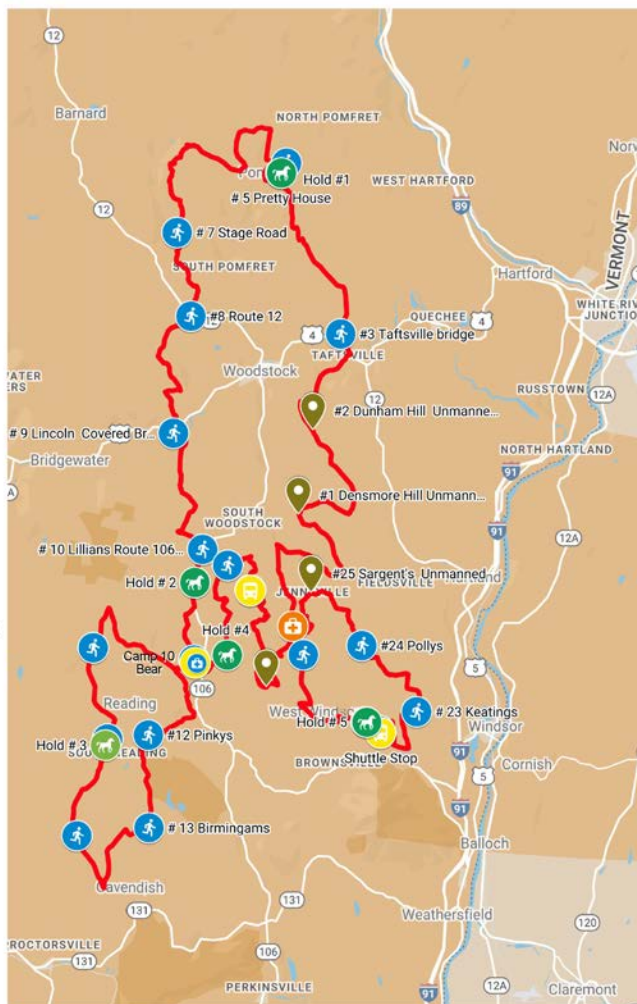
14:47:35 – Brian Rusiecki (men) – 2014

16:42:32 – Kami Semick (women) – 2010

VERMONT 100 COURSE

with runner aid stations and horse holds

-  Start/Finish/First Aid
-  #1 Densmore Hill Unmanned
-  #2 Dunham Hill Unmanned
-  #3 Taftsville Bridge
-  Hold #1
-  #5 Pretty House
-  #7 Stage Road
-  #8 Route 12
-  #9 Lincoln Covered Bridge
-  #10 Lillians Route 106
-  Hold #2
-  #11 Camp 10 Bear / First Aid
-  #12 Pinkys
-  #13 Birmingams
-  #14 Margaritaville
-  #15 Pruckerbrush
-  Hold #3
-  #16 Brown School House
-  #17 Camp 10 Bear / First Aid
-  Hold #4
-  #18 Seabrook
-  #19 Spirit of 76
-  Shuttle Stop
-  #20 Goodman's Unmanned
-  #21 Cow Shed
-  Hold #5
-  #22 Bills
-  Shuttle Stop
-  #23 Keatings
-  #24 Pollys
-  #25 Sargent's Unmanned



HOLD HOURS AND TIMES

HOLD TIMES FOR 100 MILE RIDERS			
Hold	Opens	Closes	Hold time
PC #1	6:00 am	8:15 am	10 min stop & go
Hold #1 Galaxy Hill	6:30 am	9:30 am	30 min
Hold #2 High Brook	9:45 am	2:30 pm	45 min
Hold #3 Alfieri's	1:00 pm	6:45 pm	50 min
Hold #4 Tuacknback	3:00 pm	9:45 pm	45 min
Hold #5 O&H	6:00 pm	2:00 am	30 min
<i>Closing time means pulse time</i>			

HOLD TIMES FOR 75 MILE RIDERS			
Hold	Opens	Closes	Hold time
Hold #2 High Brook	9:45 am	1:30 pm	45 min
Hold #3 Alfieri's	1:00 pm	5:45 pm	50 min
Hold #4 Tuacknback	3:00 pm	8:45 pm	45 min
Hold #5 O&H	6:00 pm	12:30 am	30 min
<i>Closing time means pulse time</i>			

HOLD TIMES FOR 50 MILE RIDERS			
	Opens	Closes	Hold time
PC #A Silver Hill	3:00 pm	4:30 pm	15 min stop & go
Hold #4 Tuacknback	3:00 pm	7:00 pm	45 min
Hold #5 O&H	6:00 pm	11:00 pm	30 min
<i>Closing time means pulse time</i>			

HOLD TIMES FOR 25 MILE RIDERS			
	Opens	Closes	Hold time
PC #A Silver Hill	7:45 am	9:30 am	30 min stop
<i>Closing time means pulse time</i>			

Ride manager: Pam Karner 607-280-2282

Jo Steele 603-208-7005

Raffle and Team Award Sponsors

Support Vermont Adaptive Ski and Sport and win something fun! There are some great raffle prizes and awards this year, including a cart, maple syrup, tickets to the Fantasia show at Equine Affair, gift certificates, ride entries, horse books and more. Get your tickets at the table next to registration for \$2 each, three for \$5, six for \$10, and 12 for \$20.

The following sponsors have generously donated prizes:

Capstone Sugar Shack

Karl McKeen
Perkinsville, VT



Evergreen Equine of Vermont

Dr. Heather Hoyns, DVM
West Windsor, VT
hkhdvm81@gmail.com

Pixie Senesac



Trafalgar Square Books

32 Court St., Suite 2109
Brooklyn, NY 11201
trafalgar@stablebookgroup.com



THE DISTANCE DEPOT

The Distance Depot
thedistancedepot.com
866-863-2349



GMHA

South Woodstock, VT
gmhainc.org
ally@gmhainc.org
802-457-1509



Myhre Equine Clinic

100 Top Ten Rd.
Rochester, NH 03867
603-335-4777



White's Dairy Supply

500 U.S. 5
North Hartland, VT
802-295-2962

Hector Half Hundred

Endurance Ride
Pam Karner
607-280-2282



Vermont Adaptive Ski & Sports

Vermont Adaptive was founded by Laura Farrell in 1987 operating at Ascutney Mountain Resort as the Vermont Handicap Ski Foundation. It was the first disabled skiing program in Vermont that worked with people of all ages and abilities and promoted the beneficial aspects associated with sports and recreation.

During this same time, Laura and her running and equine friends and dedicated supporters of the organization established the VT 100 and the VT 50 races to help subsidize the organizational expenses.

The VT 100 Endurance Race is one of Vermont Adaptive's largest fund-raisers. The entry fee and participation in the optional pledge program make it possible for people with disabilities to experience the thrill of sports that is often taken for granted by able-bodied athletes.

To learn more about how your participation in the Vermont 100 helps thousands of adaptive athletes a year visit us online at

www.vermontadaptive.org



Some Ride. Some Run. A Few Have Done Both.

There is something magical about riders and runners sharing the trail together for one long summer day in July in the beautiful hills of Vermont. Those who have experienced it BOTH on their own two feet and from the back of a faithful equine partner have a unique perspective indeed.

Did you know that the Vermont 100 began as a horse trail ride in the 1960's? It wasn't even a race at that time. In the 1970's, it was an endurance horse race, run out of Cloudland Farm in Pomfret. The Vermont 100 began to take the amazing shape it now holds in the late 80's when Laura Farrell established Vermont Adaptive Ski and Sports. Laura was the first woman known to complete a 100-mile ride and a 100-mile run in 1982. She got the idea to add a run to the Vermont 100 from that experience and in 1989, 114 runners participated in the first VT100 run, including Laura Farrell.

Laura, the Vermont 100's first Race Director, is a legendary endurance athlete. She has run the Western States 100. She also tackled the Old Dominion in Virginia as a rider, and then went back to run it and won the Women's division. Laura has run the Vermont 100 several times and has ridden it both with her mule, Tulip, in the early days and more recently with her Arabian gelding, Sven. In many ways, she is the guiding light and inspiration of the Vermont 100 and certainly embodies its spirit of inclusion, kindness, toughness, and a love of the land.



Here, we salute the rare individuals who have both ridden and run the Vermont 100.

Kathy Broaddus

HORSE: *Tidbit* **2009**

HORSE: *TF Red McIntosh* **2012**

HORSE: *Cowboy Bob* **2017**

HORSE: *Fougueux* **2018**

RUNNER: **2001**

Laura Farrell

HORSE: *Sven* **2018**, and her mule Tulip in early days

RUNNER: **1999, 2000**, and ran in the early days

Krista Alderdice

HORSE: *Manyone Praise Song Furka* **2001, 2003, 2004, 2005**

HORSE: *Danika* **2007**

HORSE: *LR Bold Greyson* **2008**

HORSE: *Blew Away* **2010**

HORSE: *Empiric* **2013**

RUNNER: **2017, 2018, 2019, 2022, 2024**

Michelle Rice

HORSE: *TEF Lunar Eclipse* +/- **2011, 2013**

RUNNER: **2018**

Kristen Gonyaw

HORSE: *CB Firestorm* **2018**

RUNNER: **2019**

Bill Rice

HORSE: *Tashi Samr* **2004**

RUNNER: **2002**

Read his story on completing both phases of the Vermont 100 here: <https://vermont100.com/to-finish-is-to-win/>

THANK YOU!

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Have a great ride!

Vermont 100 Ride & Run